

## EDUCATION

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- In Progress**                      **Ph.D. in Human Development and Family Sciences**  
University of Texas, Austin  
Advisor: Stephen Russell, Ph.D.
- 2022**                                      **M.A. in Mental Health Education**  
Beijing Normal University  
Advisor: Nan Zhou, Ph.D.
- 2019**                                      **B.S. in Psychology**  
Beijing Normal University

## PUBLICATIONS

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- Zhou, N., **Meng, H.**, Cao, H., & Liang, Y. (2023). Too-much-of-a-good-thing? The curvilinear associations among Chinese adolescents' perceived parental career expectation, internalizing problems, and career development: A three-wave longitudinal study. *Journal of Counseling Psychology*. Advance online publication.
- Zheng, L., **Meng, H.**, Wang, S., Liang, Y., Nie, R., Jiang, L., Li, B., Cao, H., Zhou, N. (2022). Adolescents' family socioeconomic status, teacher-student interactions, and career ambivalence/adaptability: A three-wave longitudinal study. *Journal of Career Development*. Advanced online publication.
- Cao, H., **Meng, H.**, Geng, X., Lin, X., Zhang, Y., Yan, L., ... & Zhang, J. (2022). Childhood emotional maltreatment and subsequent affective symptoms among Chinese male drug users: The roles of impulsivity and psychological resilience. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advanced online publication.
- Ma, R., **Meng, H.**, Yan, L., Chen, Y., Cao, H., Zhou, N., Deng, L., & Zhang, J. (2021). Cellphone-specific parenting practices and Chinese adolescents' cellphone use and addiction: A national survey. *Studies of Psychology and Behavior, 19*(2), 265–272. (In Chinese, CSSCI)
- Jiang, L., **Meng, H.**, & Zhou, N. (2021). English learners' readiness for online flipped learning: Interrelationships with motivation and engagement, attitude, and support. *Language Teaching Research*. Advanced online publication.
- Meng, H.**, Cao, H., Hao, R., Zhou, N., Liang, Y., Wu, L., ... & Zhang, J. (2020). Smartphone use motivation and problematic smartphone use in a national representative sample of Chinese adolescents: The mediating roles of smartphone use time for various activities. *Journal of Behavioral Addictions, 9*(1), 163-174.
- Zhou, N., Cao, H., Liu, F., Wu, L., Liang, Y., Xu, J., **Meng, H.**, ... & Zhang, J. (2020). A four-wave, cross-lagged model of problematic Internet use and mental health among Chinese college students: Disaggregation of within-person and between-person effects. *Developmental Psychology, 56*(5), 1009-1021.

## RESEARCH EXPERIENCE

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**2020 – 2023**

### **Graduate Research Assistant**

Faculty of Education, Beijing Normal University

Supervised by Dr. Nan Zhou, Dr. Hongjian Cao, and Dr. Yue Liang

#### **1. Adolescents in transition: The association between positive parenting and adolescent development**

- Managed CFPS (China Family Panel Studies) database and tested the differences in the association between positive parenting with adolescents' development across four grade cohorts.

#### **2. High school students' career development in family and school contexts**

- Conducted qualitative interviews with students in a high school in Beijing.
- Developed and taught career development courses for 10<sup>th</sup> grade students.
- Analyzed three-wave longitudinal data to test how parenting and teaching practices affect Chinese high school students' career development.

#### **3. Student feedback literacy in second language writing contexts**

- Developed a student feedback literacy scale for elementary school students in second language writing contexts and examined the development, effect, and factors of elementary students' feedback literacy.

**2018 – 2020**

### **Undergraduate Research Assistant**

Faculty of Psychology, Beijing Normal University

Supervised by Dr. Nan Zhou and Dr. Xiaoyi Fang

#### **1. The long-term effects of family functioning on adolescents' smartphone addiction**

- Analyzed national representative data of Chinese adolescents and their parents to examine the associations among smartphone-specific parenting practices, adolescents' smartphone use motivation, and adolescents' problematic smartphone use.

#### **2. Developmental guidance for Chinese high school students**

- Wrote analytical reports for high schools on students' academic, psychological, and career development.
- Assisted in designing a career exploration game to promote high school students' career exploration.

## HONORS AND AWARDS

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2022 Award for Outstanding Graduate of Beijing Normal University

2021 Award for National Scholarship

2016, 2017, 2018 The Prize of Academic Scholarship of Beijing Normal University

## DATA ANALYTICAL SKILLS

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Familiar with using statistical software (e.g., SPSS, Mplus) and conducting advanced quantitative statistical analyses (e.g., structural equation modeling, moderation and mediation analyses).